



Level 2 AWARD IN MOVING & HANDLING

This course is a perfect introduction for anyone in a workplace setting where their work involves moving objects. The course will provide a sound base of knowledge maintaining a safe workplace for all.

Course Content:

- Legislation
- Moving & handling injuries
- Duties in a workplace
- Factors affecting moving & handling
- The anatomy of the spine
- Spinal injuries
- Moving & handling techniques
- Modifying tasks
- Risk assessing

Duration: 4 Hours

Training Resources:

For this course, each candidate will receive a training pack, which includes an A5 book, and various activities

Assessment:

To successfully pass the course, each candidate is required to pass a short multiple choice test at the end.

Certification:

On successful completion, each candidate will receive a certificate valid for 3 years.

Maximum group size:

Up to 16 candidates

Cost:

Please contact us for further details

