



HEALTH & SAFETY



Level 1 Award In HEALTH & SAFETY

This course is a perfect introduction for anyone in a workplace setting, and ideal to use as part of an induction period with the member of staff. The course will give them the underpinning knowledge to be able to conduct their working activities in a safe manner, maintaining a safe workplace for all.

Course Content:

- Introduction to Health & Safety
- Accidents & Potential causes
- Fire safety
- Electricity
- The importance of good health & safety
- Personal protective equipment
- First aid
- Manual handling

Duration: 2-3 hours

Training Pack:

For this course, each candidate will receive a training pack, which includes an A5 book, and various activities

Certification:

Upon successful completion, each candidate will receive a certificate of attendance.

Assessment:

Each candidate is assessed by the tutor continuously throughout the course

Maximum group size:

Up to 16 candidates

Cost:

Please contact us for further details

Further Progression:

Level 2 Award In Health & Safety

