

# Level 1 - COSHH





This course provides learners with essential information to maintain a safe working environment when handling hazardous substances, and to be able to identify safe working practices.

## **Course Content:**

- The role of an employer and employee in relation to COSHH
- Legislative requirements
- Communication methods
- Different forms of hazardous substances
- Health & Safety effects of exposure to hazardous substances
- Ways hazardous substances can enter the body and preventative measures

- **Duration:** 2-3 Hours
- Ways hazardous substances can enter the body and preventative measures
- How to complete a COSHH Risk Assessments
- Ways to prevent accidents and ill health occuring at work
- The Hierarchy of control in relation to hazardous substances
- Information used to safely identify any substance
- Protection and procedures used should an incident occur

## **Training Pack:**

For this course, each candidate will receive a training pack, which includes an A5 book, and various activities

#### Certification:

Each delegate receives a course handbook and a certificate of completion, which should be refreshed regularly

## Maximum group size:

Up to 16 candidates

### Cost:

Please contact us for further details

