

COSHH

COURSE CONTENT OVERVIEW



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This online Control of Substances Hazardous to Health (COSHH) Course has been designed to help businesses ensure that they are complying with the COSHH 2002 Regulations by providing workers with sufficient and suitable training.

The course explains how to undertake a COSHH risk assessment, raises awareness of the ill-health effects that hazardous substances can cause and provides further detail on how to ensure that employees are working safely with any substances harmful to health found in the workplace.

Module One: Introduction to COSHH

This module explains what a hazardous substance is and where they can be found in the workplace. The module also looks at some of the Health and Safety Executive statistics in regards to the ill-health that hazardous substances can cause and outlines the benefits of following COSHH guidelines.

- What is a substance hazardous to health?
- Where do hazardous substances exist?
- Common hazardous substances
- Ill-health from hazardous substances
- Health and Safety Executive statistics
- Benefits of COSHH
- Risk assessment

Module Two: COSHH Legal Regulations

This module looks at the Control of Substances Hazardous to Health Regulations 2002 and outlines the essential employer and employee responsibilities. The module explains how the law is enforced in cases where hazardous substances continue to pose a risk to workers.

- COSHH regulations
- Control of Substances Hazardous to Health Regulations 2002
- The CLP Regulation
- ACoPs and guidance notes
- Enforcement of the law
- Employer responsibilities
- Employee responsibilities

Module Three: Problems to Health from Hazardous Substances

This module outlines the main ill-health effects from hazardous substances, providing information on the symptoms and guidance on what you should do if symptoms develop. The module explains the routes of entry and explains your responsibilities under RIDDOR.

- Common health hazards
- Occupations most at risk
- Routes of entry
- Dermatitis
- Asthma
- Effects of hazardous substances on health
- What to do if you develop symptoms
- RIDDOR

Module Four: Identifying Hazardous Substances

This module explains how you can identify which of the substances in your workplace are hazardous to health, providing information on current chemical labelling as well as information on flammable and asthma-causing substances, asbestos and lead.

- Chemical labelling
- Safety data sheets
- Dangerous substances
- Flammable substances
- Flammable liquids, dusts and gases
- Asthma-causing substances
- Asbestos
- Lead

Module Five: COSHH Risk Assessment and Control Measures

This module explains how to undertake a COSHH risk assessment, outlining each of the essential steps involved. The module also looks at control measures that you can implement in order to control the risks from hazardous substances in your workplace.

- What is a risk assessment?
- Identifying the hazards
- Deciding who might be harmed and how
- Evaluating the risks
- Substance substitution
- Principles of good control practice
- Hierarchy of control measures
- Work processes and equipment
- Personal protective equipment (PPE)
- Safe systems of work
- Provision of first aid

Module Six: Monitoring the Assessment and Health Surveillance

This module outlines the final steps in the risk assessment process and explains the importance of monitoring and updating your findings. The module also looks at health surveillance, explaining why it is necessary and how to ensure that it is carried out correctly.

- Recording your findings and implementing them
- Reviewing and updating the assessment
- Monitoring the assessment
- Health surveillance
- Workplace exposure limit (WEL)
- How to carry out health surveillance

Aims of the Training

By the end of this course learners will:

- Know how to identify hazardous substances in the workplace.
- Understand the ill-health effects that hazardous substances can cause.
- Understand COSHH legal regulations, including the responsibilities of employers and employees.
- Know what to consider for a COSHH risk assessment.
- Understand the importance of health surveillance for employees who work with hazardous substances.