

FIRST AID AT WORK Level 3 - Refresher

This course re-qualifies the first aider at the end of their 3 year competency period on their First Aid at Work certificate. The course will give them further knowledge and confidence to be able to identify different life threatening conditions and also the skills to perform lifesaving treatment until further medical help arrives

Course Content:

- Legislation & Accident reporting
- Roles and responsibilities of the first aider
- Assessing an incident
- Managing an unresponsive casualty
- Choking
- Bleeding & bandaging
- Shock *including Hypovolaemic & Anaphylactic*
- Burns & scalds
- Methods for minimising the risk of infection
- Using an AED
- Primary & Secondary survey
- Allergic reactions
- Strokes
- Asthma
- Broken Bones
- Soft tissue injuries
- Head injuries
- Spinal injuries
- Application of Slings
- Chest injuries *including Flail Chest and Penetrating Chest Injuries*
- Electrocution
- Eye Injuries
- Foreign bodies
- Poisoning
- Heart attacks
- Epilepsy
- Diabetic Emergencies

Duration: 12 Hours

Training Pack:

For this course, each candidate will receive a training pack, which includes a course book, a bandage pack and various activities

Certification:

Upon successful completion, each candidate will receive a certificate of competency valid for 3 years.

Assessment:

Each candidate is assessed through a practical exercise at the end of the course, and by completing various activities on the course.

Maximum group size:

12 candidates

Cost:

Please contact us for further details