



This session is recommended for all First Aiders as a way of keeping their practical skills up to date. It will give them more of a chance to practice their life saving skills, becoming more confident and more able in life threatening situations.

Duration: 3 hours

Course Content:

- Primary & Secondary assessment
- Cardio pulmonary resuscitation (CPR)
- Management of severe bleeding
- Management of unconscious casualties
- Choking
- Shock

Certification:

Upon successful completion, each candidate will receive a certificate of completion for their training records.

Assessment:

Each candidate is assessed by the tutor continuously throughout the course

Maximum group size:

12 candidates

Cost:

Please contact us for further details

